

## The Story of Our Snack

Pick one food item from your snack.

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Now picture this food from its very beginning on the farm, to how it came to your table this morning.

In the chart below, list all the locations your food journeyed from the farm to your table, as well as all the people who helped in the process and natural resources used.

Locations	People involved	Natural Resources Used	Additional Notes
Farm			
Table			

What are some things we can do to help people and the Earth when we choose how and what to eat?

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